

How to read a prescription label.

Why it's important :

Learning how to read a prescription label correctly may help reduce the chances of unnecessary visits to the health provider's office and/or serious health problems.

This picture explains how to read parts of the prescription label. All prescription medication labels include the following information, but labels may look slightly different.

Prescription number → Rx #: 1453807-004

Health provider → Dr. or NP JANE MARTINEZ
123 Main Street, San Antonio Tx 78229

How to take the medication → TAKE ONE TABLET BY MOUTH EVER DAY

Medication name, quantity → LISINOPRIL 10 mg tablet
QTY: 30

Number of refills allowed by a certain date → Six (6) refills
6/5/2024

Pharmacy Name → Pharmacy address City, state, zip code

Date filled → 01/5/2024

Date medication should no longer be taken → Discard after 12/13/2025

Always ask your health provider these three important questions:

1. What is my main problem?
2. What are the next steps?
3. Why is it important for me to do this?



Learn more at WellnessCultura.org.

References: Cleveland Clinic ([Clevelandclinic.org](https://www.clevelandclinic.org)); US Food and Drug Administration (<https://www.fda.gov>); Institute for Healthcare Improvement ([ihc.org/AskMe3](https://www.ihc.org/AskMe3)) Last reviewed by a Health Conianza health literacy professional on 7/12/2023