

# BABIES HEALTH JOURNEY

HEALTHY KIDS, HEALTHY FUTURES:  
FROM BIRTH TO 2 YEARS OLD.



**THEY DEPEND ON YOU. WE ARE HERE TO SUPPORT!**



## MY BABY AND TODDLER'S HEALTH CHECKLIST

Baby's Name

Age:

\_\_\_\_\_

\_\_\_\_\_

### AT EVERY VISIT:

- |   |  |
|---|--|
| <input type="checkbox"/> Height, weight check   | <input type="checkbox"/> TB Risk Screening                                 |
| <input type="checkbox"/> Development/Milestones | <input type="checkbox"/> Mental health check from Mom (anxiety/depression) |
| <input type="checkbox"/> Vision and hearing     | <input type="checkbox"/> Safety Talk                                       |

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### BASE ON AGE:

- |  |  |
|--|--|
| <input type="checkbox"/> Newborn Screenings (first week) | <input type="checkbox"/> Autism Screening (18 & 24 months) |
| <input type="checkbox"/> Lead Screening (12 & 24 months) | <input type="checkbox"/> Vaccines due (birth - 24 months)  |

This campaign was made possible by Bexar County.

